



Erasmus+



Resilience in Rural Mountainous Destinations

Local and Global Challenges between
Urban and Rural Places

BIP 2025



UNIVERSITÀ
DEGLI STUDI
DI BERGAMO



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1. General Information

This Blended Intensive Programme on “Resilience in Rural Mountainous Destinations” is a joint initiative between the University of Dalarna, Université Lumière Lyon 2, and Università Degli Studi Di Bergamo. The programme is designed to provide master’s level students with a unique interdisciplinary and international learning experience. The students will focus on the specific geographic area of Sälen, Idre, Trysil and Engerdal (SITE) located in Sweden and Norway.

The program will combine a virtual phase with a short-term physical mobility period in Sweden. During the physical Mobility, students will engage directly with local stakeholders, exploring real-world challenges related to the resilience of rural mountainous destinations. The central activity will involve group-based, hands-on research resulting in a collaborative project. This approach will equip students with the skills to address complex, multi-faceted problems in a global context. The BIP will award 5 ECTS credits.

The BIP involves 7 teachers from the three universities and students from the following master's degrees:

Dalarna University	-Master in Tourism Destination Development -Master in Sustainability and Tourism
Università Degli Studi Di Bergamo	-LM Planning and Management of Tourism Systems -LM Geo-urbanistica
Université Lumière Lyon 2	-M2-Master Villes et environnements urbains

2. Objectives:

The primary objectives of the BIP are to:

- ❖ Cultivate Interdisciplinary Competence by connecting the fields of tourism and urban planning, allowing students to develop a holistic understanding of how these fields intersect to shape resilient rural mountainous destinations.
- ❖ To develop Problem-Solving and Critical Thinking Skills by engaging students in a real-world, challenge-based project that requires them to analyse complex issues, synthesise diverse information from multiple sources, and develop innovative ideas.

- ❖ To foster International and Intercultural collaboration by promoting teamwork and communication among students from different cultural and academic backgrounds, preparing them for future careers in a globalised professional environment.
- ❖ To develop Practical Research skills by providing students with hands-on experience in applied research and data collection, resulting in the presentation of a final project.

3. Teaching Methods and Outcomes

- Place-based learning:
The programme leverages the specific geographic area of Sälen, Idre, Trysil and Engerdal (SITE) as a space for learning. Students will interact with local stakeholders and experience the destination's distinctive environment. This method enables students to apply theory to practice through on-site experiences.
Students will obtain a better knowledge of the area's requirements through direct experience. They will be able to apply their knowledge in a specific geographic context, resulting in a project that will bring practical insights to the local community.
- Interdisciplinary and Collaborative Learning:
The students will be organized into international and interdisciplinary groups, fostering a collaborative environment where students work together across different cultural and academic backgrounds.
Students will enhance their interpersonal communication, teamwork, and conflict resolution skills. They will learn to integrate diverse perspectives from different fields to create a holistic idea.
- Project-based learning:
Students will acquire new knowledge and skills through the development of a final project. The main product of this learning process will be a presentation.
Students will apply theoretical knowledge and research methods to produce a project. This process will cultivate project management and critical thinking skills.
- Experiential Learning:
By visiting the SITE area and interacting with stakeholders, students will be able to gain firsthand experience in a rural mountainous destination.
Students will develop an understanding of the area's needs and challenges. They will be able to connect academic concepts to real-life situations, connecting theory with practical application.

4. General Programme

Date	Concept	Duration	Description
November Week 45	Kick-Off online seminar	2h	<i>Introductory meeting, presentation of the SITE area, and general project information.</i>
November Week 46	2 nd Online Seminar + Self-Directed meeting	3h	<i>Guest lectures Development of Group Project</i>
November Week 47	Self-Directed meeting	2h	<i>Discussion of Group Plan</i>
November Week 48	3 rd online seminar + Self-Directed meeting	3h	<i>Group work</i>
Dec 1 st	Kick-off meeting in Borlänge		<i>Welcome and Introductory session including guest lectures</i>
Dec 2 nd	Visit to the mountains (SITE Destination project area)		<i>1st day of field trip and meeting with stakeholders</i>
Dec 3 rd	Visit to the mountains (SITE Destination project area)		<i>2nd day of field trip and meeting with stakeholders</i>
Dec 4 th	Directed work		<i>Group work, tutorials</i>
Dec 5 th	Final Presentation		<i>Presentation of the Final Project by students, feedback</i>
Week 50	Submission of final powerpoint/poster		<i>No meeting, upload on the e-platform</i>

5. Contact Information

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